## CARRIAGES

BAR & BRASSERIE

## BREAKFAST

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Breakfast

Monday to Saturday: 7am-10am Sundays & Bank Holidays: 8am-10am

FULL ENGLISH BREAKFAST Includes: Beverages, toast, a selection from the cold buffet and a full English breakfast

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CONTINENTAL BREAKFAST Includes: Beverages, toast and a selection from the cold buffet

9.50

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Beverages

TEA SELECTION Ceylon, Earl Grey, lemon tea, chamomile, green tea, peppermint tea, summer berry and decaffeinated tea

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FILTER COFFEE

Hotbreakfast

**GRILLED UNSMOKED** RINDLESS BACK BACON G 105 kcal PORK SAUSAGE G 121 kcal GRILLED TOMATO V G 10 kcal FRIED BREAD V 80 kcal FRESH MUSHROOMS V GF 72 kcal BAKED BEANS V G 65 kcal HASH BROWNS V GF 115 kcal FRIED EGGS V G 104 kcal SCRAMBLED EGGS V G 237 kcal POACHED EGGS V G 67 kcal

Please inform us if you have a food allergy that we should be aware of. Adults need around 2000 kcal a day. GF These dishes are Gluten Free V Vegetarian VE Vegan

- (FP) Can be made Gluten Free (Please ask when ordering)
- (VE?) Can be made Vegan (Please ask when ordering)

Cold huffet

CHILLED JUICES V G 68 kcal GRAPEFRUIT SEGMENTS V G 35 kcal PRUNES IN SYRUP V G 174 kcal FRESH FRUIT SELECTION V G 57 kcal FRESH FRUIT SALAD V G 118 kcal FRESH STRAWBERRY YOGURT V G 139 kcal PLAIN YOGURT V G 124 kcal VARIOUS BREAKFAST CEREALS V O 336 kcal DANISH PASTRIES Apricot 336 kcal | Custard 334 kcal | Cinnamon Swirl 297 kcal WHOLEMEAL BROWN TOAST V P 258 kcal WHITE TOAST V P 242 kcal SELECTION OF: JAMS 90 kcal | MARMALADE 76 kcal | HONEY 90 kcal

Fxtsas

The following are available on request PORRIDGE WITH MILK 213 kcal PORRIDGE WITH CREAM 332 kcal PORRIDGE WITH WATER 60 kcal POACHED EGGS ON TOAST @P 276 kcal 2 BOILED EGGS @P 148 kcal BOILED EGGS WITH SOLDIERS @P 209 kcal

Specials

The following are available on request and are charged in addition to a full English breakfast
SUPP
SMOKED HADDOCK
& POACHED EGGS @ 231 kcal
4.00
PAIR OF SMOKED
SCOTTISH KIPPERS @ 512 kcal
4.00
OMELETTES @ 227 kcal + filling
4.00
Choose 2 fillings:
Cheese 298 kcal | Ham 191 kcal | Mushroom 72 kcal

Tomato 20 kcal | Onion 35 kcal | Haddock 164 kcal



www.carriagesbrasserie.co.uk